



Art of Greens UG
4. Etage, Gontardstrasse 11
D-10178 Berlin-Mitte

Tel.: +49-30-99252188
Fax: +49-30-6125438
Email: info@artofgreens.com
Homepage: www.artofgreens.com

PRODUCT SPECIFICATIONS

PRODUCT INFORMATION

Product Description:	Rice Protein and Chia Nuggets
Product Category:	Frozen
Manufacturer:	Fry Group Foods SA
Packer:	Fry Group Foods SA
Weight per pack:	240g
Units per pack:	N/A
Packs per case:	6
Coding life:	18 months from date of manufacture
Product Code:	F1756
Barcode:	6005207001175
Shipper Barcode:	46005207001173
Shipper Dimensions:	285mm x 185mm x 192mm

CONTACT DETAILS

Contact Name	Merisha Harry
Position	NPD Co-ordinator
Phone Number	+ 27823327533
E-Mail Address	merisha@frygroup.co.za



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DECLARATIONS

Ingredients:	Crumb: Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose. Burger: Vegetable Protein (Soya), Vegetable Oil (Sunflower Seed), Potato Starch, Quinoa, Rosemary, Marjoram, Sage, Mustard Seeds, Anti-caking Agent (E551), Rice Protein (5%), Thickener (Methyl Cellulose), Chia Seeds (3%) (Salvia Hispanica), Yeast Extract, Salt, Garlic.
Allergens:	Soya, Mustard Produced in a factory that processes gluten on other lines
Claims:	Meat, Egg and Dairy free (100% Vegan) GM Free Source of Protein Source of Fibre
Endorsements:	Vegan Society of UK Kosher Parev / Shuddha

SHELF LIFE AND STORAGE DETAILS

Shelf-life:	18 Months from Date of Manufacture
Date Coding:	MNF: Date of Manufacture BBD: Best Before Date
Storage and Distribution Requirements:	Keep Frozen. Store at or below minus 18`C until best before date. If desired, thaw product in refrigerator at or below 5`C. Use thawed product within 1 day. DO NOT REFREEZE AFTER THAWING.

PACKAGING & LABELLING DETAILS

Primary Packaging Material:	Carrier kote (White retail box)
Secondary Packaging Material:	Cardboard Shipper (Kholer)



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COOKING INSTRUCTIONS

Cook from Frozen – Remove from Packaging	
Cook in Oven	Preheat oven to 180 degrees C Remove all packaging and place nuggets on an oven tray Bake for 15 minutes or until nuggets are crispy and golden Delicious served as they are with a tomato relish or in any meal of your choice
Ovens vary, these instructions are guides only	

USES & ABUSES

Intended Use	Product can be consumed as part of a full meal or on its own
Potential Abuses of Product once out of Fry's Control	Temperature abuse,
Potential Hazards Related to abuse	Mould, sourness,

INTOLERANCE DATA

Is the product free from:	Yes/No	If No, state source
Nuts and nut derivatives	Yes	
Nut Derived Oils	Yes	
Nut Cross Contamination	Yes	
Seeds and seed derivatives	No	Chia Seeds
Seed Derived Oils	No	Vegetable Oil
Seed Cross Contamination	Yes	
Sesame Seeds	Yes	
Additives	No	Anti-caking Agent
Preservatives	Yes	
Antioxidants	Yes	
Natural Colours	Yes	

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Artificial Colours	Yes	
Natural Flavours	Yes	
Artificial Flavours	Yes	
Sweeteners	Yes	
Aspartame	Yes	
Flavour Enhancers	Yes	
Monosodium Glutamate	Yes	
Naturally Occurring MSG	Yes	
Wheat	Yes	
Gluten	Yes	
Rye	Yes	
Oats	Yes	
Maize and maize derivatives	No	Maize Starch
Milk and milk derivatives	Yes	
Lactose	Yes	
Egg and Egg products	Yes	
Soya and soya derivatives	No	Vegetable Protein
Fruit and fruit derivatives	Yes	
Vegetables and vegetable derivatives	Yes	
Yeast and yeast derivatives	No	Yeast Extract
Sulphur dioxide and sulphites	Yes	
Benzoates	Yes	
BHA / BHT	Yes	
Hydrolysed vegetable protein	Yes	
Added salt	No	
Added sugar	Yes	
Irradiated foodstuffs	Yes	



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Fish	Yes	
Shellfish	Yes	
Celery	Yes	
Mustard	Yes	
Lupin	Yes	

GM STATUS

Question	Yes/No
Does the product or any of its ingredients contain any genetically modified material (active or not)	No
Is the product or any of its ingredients not substantially equivalent as a consequence of the use of genetic modifications?	No
Is the product or any of its ingredients or additives produced from, but not containing, any genetically modified materials?	No
Have genetically modified organisms been used as processing aids or used in connection with the production of the food or any of its ingredients?	No
Have genetically modified organisms been used to product processing aids or additives but where such genetically modified organisms are not present in the processing aid as used in connection with the production of the food or any of its ingredients?	No

IS THE PRODUCT SUITABLE FOR:

Criteria	Yes/No	Criteria	Yes/No
Vegetarians	Yes	Halal	No
Lacto-Vegetarians	Yes	Kosher	Yes
Vegans	Yes	Coeliacs	Yes



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SENSORY AND PHYSICAL PROPERTIES:

Attribute	Description
Colour	Golden Brown
Flavour	Chicken Flavour with a hint of garlic
Texture	Crispy coating with tender and moist texture
Aroma	Fresh Breadcrumbed crumbs, Savoury Odour

NUTRITIONAL INFORMATION

Servings per package: 4

Serving size: 60g

Average Values	Quantity per 100g	Quantity per servings	%RI* per 100g
Energy	921kJ (220Kcal)	552kJ (132Kcal)	
Fat, total	14g	9g	
– Saturated	2g	1g	
– Monounsaturated	3g	2g	
– Polyunsaturated	9g	6g	
Carbohydrate	12g	7.3g	
- sugars	3g	2g	
Dietary fibre, total #	5.3g	3.2g	
Protein	8.1g	4.9g	
Sodium	683mg (0.68g)	410mg (0.41g)	
Salt	1.71g	1.02g	
Iron	2.9mg	1.7mg	21%

Method of Analysis AOAC method 991.43. Nutritional information obtained by analysis.

*RI – Reference Intake of an average adult (8400kJ/2000kcal)

FINISHED PRODUCT SPECS

Weight:	19 – 22g per nugget
Dimensions:	60mm (L) x 30mm (W) x 10mm (H)
Crumb (If Applicable):	95% covered



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MICROBIOLOGICAL SPECS

TEST	LIMIT / g
TPC	<800000 cfu/g
Ecoli	<10 per 25g
Staph	<10 per 25g
Coliforms	<1000 cfu/g
Yeasts	<2000 cfu/g
Moulds	<300 cfu/g
Listeria	<10 per 25g
Salmonella	<10 per 25g
Product will be rejected if not conforming to above Microbiological Specification	

FOR FRY GROUP FOODS (PTY) LTD

Signature	M. Harry
Print Name	Merisha Harry
Position	NPD Co-ordinator
Revision No.	1.0
Date	25.07.2018